

# FOR LOVERS ONLY - LOVE IS NOT CRAZY

## *12 False assumptions*

- Assumption #1  
It's selfish to have my needs met.
- Assumption #2  
If I have God, I don't need people.
- Assumption #3  
If I know the truth, I will grow.
- Assumption #4  
If I'm spiritual enough, I will have no pain or sinfulness.
- Assumption #5  
Leave the past behind.
- Assumption #6  
I just need to give it to the Lord.
- Assumption #7  
Guilt and shame are good for me.
- Assumption #8  
One day I'll be finished with recovery.
- Assumption #9  
"Shoulds" are good for me.
- Assumption #10  
If I make right choices, I will grow spiritually.

- Assumption #11

Just doing the right thing is more important than why I do it.

- Assumption #12

If I change my behavior, I will grow spiritually.